



press clip

Pair promote healthy lives

KIM Morrison and Fleur Whelligan think of themselves as professional reminders.

They believe all women should take time out of their busy lives to look after themselves and they were recently in Toowoomba to pass the on their message.

The authors of *Like Chocolate for Women* are excited about helping women change their lives.

“We like to weave in messages of self care and give women permission to make themselves a priority,” Mrs Morrison said.

And they are the best examples — they both radiate incredible vitality despite running a fast-expanding business and being busy mothers and wives.

The pair were thrilled to be MCs at the Women on the Move

Christmas luncheon held at Platform 9 and guests were keen to see their new organic skin care and aromatherapy range called *Twenty 8*.

“We use practical tools and physical action to create a reminder to mentally take a breath,” Mrs Whelligan said.

They believe what we use on our skin should be as good as what we put in our mouths.

To that end, they only source the finest, natural organic ingredients from dedicated growers.

Their philosophy — “Beauty is being yourself, but with a sparkle” — came straight from the mouth of a six-year-old girl named Mia.

And that’s about as natural as you can get.

RIGHT: Rachel Bettinelli (left) and Janine Ashmore enjoy Christmas lunch at Platform 9





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Ready for lunch at Platform 9 are (from left) Ann-Marie Ryan, Jennie Tomlinson, Rhonda Lee and Donna Sweedman.

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Sipping champers at the station are (from left) Teresa Woodall, Jane Calder, Tanya Trevarthen and Jan Johnson.



Tahlia Foot (left) and Keiko Robertson celebrate Christmas at the Women on the Move Christmas luncheon.



Women on the move (from left) Leigh-Ann Geddes, Hayley Diery and Beth Smith enjoy some Christmas cheer.